



**Happy New Year to our volunteers and supporters of Prairie Rose!
Wishing each of you a healthy, peaceful and prosperous 2023!**

As **Prairie Rose**, advocates for hospice palliative care, look back on 2022 - we want to thank the many generous people in our communities, that have helped **Prairie Rose** this year. Thank you to our donors, corporate sponsors, members and volunteers for making our programs and service possible.

This year, **Prairie Rose** spent some time discerning a) '**What is Prairie Rose**' and b) '**What Does Hospice Care Look Like**' for groups providing or wanting to provide hospice palliative care in Brooks and the area.

Prairie Rose is thankful community workshops on hospice palliative care can take place once again. So far, we have 2 planned for 2023.

- 1) **Wed. January 25th, 2023 - Learning to Move Beyond Loss** - Learn about grief as the normal and natural response to change or loss of any kind presented by Stronger Life Connections - Jenn & Darlene. This free workshop from 10:00 am to 3:00 pm @ Lakewood Community Church (804 Cassils Rd. E. Brooks) in person or online. Please register at prhpcs@gmail.com.
- 2) **Thurs. June 08, 2023 Alzheimer day seminar** @ The Heritage Inn in Brooks. More information to follow in the new year. Check out our Web Page or FB.

Members: Linda Currie, Audrey Hausher, Cindy Young, Alana Alvis, Jenn Thom, Rose Anderson, Colleen Davidson, Bonnie Williams, Connie Robinson, Amanda Philpott, Angela MacDonald, John Thiess, Marg Laux, Wendy Metcalf, Betty Hansen, Bev Signarowski, Linda Simpson, Vernon Alvis, Cindy Brkich.



Prairie Rose Society Volunteer's purpose in Brooks & the area

1. Advocacy

- identify and address needs of the community regarding palliative and hospice care as a volunteer organization. We do not provide direct care.
- Work in collaboration with Alberta Health Services, Brooks Health Foundation and other groups in the community.

2. Education

- Education regarding best practices and latest knowledge regarding end-of-life
- Setting up seminars locally, providing information about courses available either online or in other locations.
- These are provided for: Staff, Volunteers and the Public

3. Volunteering

- In hospital or in home (this is set up through AHS volunteer services). The plan is to have the palliative care client and volunteer meet to ensure there is a connection. Then that volunteer may follow that client through their journey. Or
- In the hospital or at home through AHS Volunteer Services guidelines. There may be instances where the volunteer follows the same client on their NODA journey.

4. Fundraising

- The purpose of our fundraising is to support the different facets of PRHPCS (to name a few)
 - Cost of delivery of equipment such as hospital beds
 - Education – cost of courses/seminars & Hosting seminars/conferences
 - Memorial services
- Fundraising in PRHPCS is through AGLC casinos in Medicine Hat, Trees of Hope, Raffles and Hike for Hospice Care

5. Equipment

- 4 hospital beds and tables are available for palliative care in- home use